

# Health & Social Care

## Skills for adult life

The Social Health department aims to provide students with the skills and knowledge required to work and live as a valuable member of society.

We aim to ensure that our students can work within the constructs of both social work and health based settings.

We aim to nurture an interest in caring skills whilst developing sound communication and presentation skills. Pursuing the skills to empathise and see different viewpoints in relation to key issues in modern society.

Our students will become independent learners who are able to meet the challenges of an ever changing world.

Autumn	Spring	Summer
Component number 1: Human Lifespan Development	Component number 1: Human Lifespan Development  Re-cap Component 1 and 2	Re-sit work for exam Component 1: Human Lifespan and development  Enhancement project

- Students will be required to complete one 30 minute piece of homework every week as required
- Homework will consist of a variety of different tasks, for example: revision, spelling/definitions, research tasks, preparations and research for controlled assessments, exam questions and real world applications including watching TV programs and reading magazines/books.
- Homework set will be recorded by the teacher on the school's Edulink and also in their own records.

Unit	Duration (weeks)	Learning Objectives/Outcomes
Component 3: Health and well being	34 hours	<p>In this component, learners will study the factors that affect health and wellbeing, learning about physiological and lifestyle indicators, and how to design a health and wellbeing improvement plan.</p> <p>They are assessed via a 2 hour exam and they must demonstrate the following learning aims:</p> <ul style="list-style-type: none"> <li>• A01 – knowledge and understanding of factors that affect health and wellbeing.</li> <li>• A02 – interpret health indicators.</li> <li>• A03 – design a person-centred health and wellbeing improvement plan.</li> <li>• A04 – demonstrate knowledge and understanding of how to overcome obstacles relating to health and wellbeing improvement plans.</li> </ul> <p>The exam is February and re-sit in May</p>
<p>The remainder of the academic year will be spent doing a recap of component 1 and 2 before moderation and then after results are related from the exam students will either be resitting the exam or completing an enrichment project.</p>		

