

Health & Social Care

Skills for adult life

The Social Health department aims to provide students with the skills and knowledge required to work and live as a valuable member of society. We aim to ensure that our students can work within the constructs of both social work and health based settings. We aim to nurture an interest in caring skills whilst developing sound communication and presentation skills. Pursuing the skills to empathise and see different viewpoints in relation to key issues in modern society. Our students will become independent learners who are able to meet the challenges of an ever changing world.

Autumn	Spring	Summer
Component number 3: Health and Wellbeing		

- Students will be required to complete one piece of homework every week.
- Homework will consist of a variety of different tasks, for example: revision, spelling/definitions, research tasks, preparations and research for controlled assessments, exam questions and real world applications including watching TV programs and reading magazines/books.

Unit	Duration (lessons)	Learning Objectives/Outcomes
Component number 3: Health and Wellbeing Examination	2 lessons a week for the year	<p>In this component, learners will study the factors that affect health and wellbeing, learning about physiological and lifestyle indicators, and how to design a health and wellbeing improvement plan.</p> <p>They are assessed via a 3 hour exam and they must demonstrate the following learning aims:</p> <ul style="list-style-type: none"> • A01 – knowledge and understanding of factors that affect health and wellbeing. • A02 – interpret health indicators. • A03 – design a person-centred health and wellbeing improvement plan. • A04 – demonstrate knowledge and understanding of how to overcome obstacles relating to health and wellbeing improvement plans. <p>The assessment takes place in February with a re-sit in May. An enhancement project to prepare for study at college will be delivered in the 6 week wait for results.</p>