

Reading beyond the classroom

Food, Years 7 & 8.

BYRCHALL
HIGH SCHOOL

While in Years 7 and 8 students should try and read a wide variety of books.

You may find the following websites useful in helping to choose suitable reading material for your child.

<https://www.youtube.com/user/JamieOliver>

<https://www.masterclass.com/classes/gordon-ramsay-teaches-cooking>

<https://www.bbcgoodfood.com/>

These websites will provide you with recommendations from students, parents and critics across the country.

In addition to this, our recommendations follow below. These texts do not form part of our schemes of work so reading them will not spoil students' enjoyment of future lessons. They will most likely complement the work we do.



Annabel Karmel

DK Kids' First Cookbook

Shows you step-by-step how to make and bake various sorts of delicious things to eat. This book features the easy-to-follow recipes that show you which ingredients you need what to do with them and what the finished food should look like. It contains an introduction that includes the points to look for in each recipe and a list of cook's rules.

Sheridan Rogers

Mini Chef: Cooking with Kids

Chef and mother Sheridan Rogers starts out simple, describing basic cooking essentials, such as how to measure wet and dry ingredients and instructions for cooking with common ingredients like vegetables, herbs and fruit. Her easy but never boring recipes will encourage children to join in the daily cooking ritual, and give them a sense of accomplishment for aiding in putting dinner on the table!

Angela Wilkes and Rebecca Gilpin *The Usborne First Cookbook*

Stephen Cartwrights busy team of little cooks show you, step-by-step, how easy it is to make all kinds of delicious things to eat. All the recipes are easy to follow and fun to cook, and they also teach the basic skills that every cook needs to know.

Mary Berry

Mary Berry's Complete Cookbook

Mary Berry is a champion of good home cooking. This cookbook is packed with recipes using flavours from around the world and featuring fresh, natural ingredients put together with minimum fuss and time. A delicious meal often starts not in the kitchen but in the imagination, so every recipe in the book is illustrated with a picture of the finished dish.

Lorraine Pascale

Home Cooking Made Easy

The queen of cookery offers 100 scrumptious and seriously easy recipes, from cosy soups and roasts to delicious autumnal breads, in this second book to accompany Lorraine's BBC2 prime time four-part autumn cookery series. The recipes are super easy to follow; you're in for some tasty treats!

Linda Collister

The Great British Bake Off: Learn How to Bake

Love eating desserts? Well, this weekend, get into the kitchen and bake a cake yourself. Baking is fun when you know how to do it, and you don't need lots of equipment or expensive ingredients. This book tells you everything you need to know to bake for every occasion and every person in your life. Now, go and have some fun!

Fiona Watt

Children's World Cookbook (Usborne Cookbooks)

This book is bright and cheerful, there are great photos and really easy directions with extra information regarding places, and various foods. There are over forty simple, delicious recipes from New York Cheesecake to Thai chicken in coconut sauce. Sure to inspire budding chefs with new flavours and cuisines as well as exotic ingredients and cooking techniques, this book will add a little spice to any kitchen.

'Reading could be considered another food group. Get the best books you can find and have yourself a feast'

A Monika (Counsellor)